PRAYER - SALAAT



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BEFORE YOU BEGIN THE PRAYER:

Before you begin the prayer, you must ensure you fulfill the following requirements (where possible):

- 1 Wearing the correct clothing.
 - A man must cover the front and back of his body between his navel and knees, as well as both his shoulders when praying. The garments must be loose and non-transparent.
 - A woman must cover her entire body, except for her hands and face. The garments must be loose and non-transparent.
- Ensuring body, clothing, and place of prayer is free from impurities.
- Being in a state of purity. i.e. to have Wudu' (Ablution)

 The Prophet said: "Allah does not accept prayer with out purity." (Muslim)
- The time for the prayer has started. Allah says: "Verily, the prayer is enjoined on the believers at fixed times."
- Facing the Qiblah Direction of the Ka'bah.

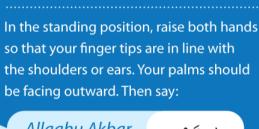
 Where ever a Muslim is in the world, they must face towards Makkah for prayer. There are special compasses designed to help you find the Qiblah direction.
- 6 Praying towards some sort of partition (Sutrah) when alone and in an open area.

HOW TO PERFORM SALAH (STEP-BY-STEP)

PERFORMING THE FIRST RAK'AH (UNIT) OF PRAYER.

After facing the Qiblah, the person should make their intention about the particular obligatory or optional prayer they intend to perform.





Allaahu Akbar Allah is Greatest

اللهُ أَكْبَرْ

STEP 2

Place your hands on your chest, with the right hand over the left. Then say:

أَعُوذُ بِاللهِ مِنَ الشَّيْطانِ الرَّجِيم

A'oothu billaahi minash-shaytanir-rajeem I seek refuge with Allah from Satan the accursed

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STEP 3 RECITE SURAT AL-FATIHA



- 1 Bismillaahir-rahmaanir-raheem
 In the name of Allah, the Most Beneficent, the
 Most Merciful
 - الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
- 2 Al-hamdu lillaahi rabbil 'aalameen Praise be to Allah the Lord of the Worlds

الرَّحْمَنِ الرَّحِيمِ

3 Ar-rahmaanir-raheem
The Most Beneficent, the Most Merciful

مَالِكِ يَوْمِ الدِّينِ

4 Maaliki yawmiddeen
Master of the Day of Judgement

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

6 Ihdinas-siraatal mustaqeem
Guide us to the straight path

STEP 3 CONTINUED



صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ

Siratallatheena an'amta 'alayhim

The way of those whom You have favoured

غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ

Ghayril maghdoobi 'alayhim

Not the way of those who have earned Your anger

وَلا الضَّالِّينَ

Waladdaalleen

Nor of those who have gone astray

آمِين

Aameen

Oh Allah answer our prayer!

STEP 4

Recite another chapter from the Qur'an if this is the 1st or 2nd Rak'ah (Unit). Refer to the end of this booklet for some short chapters from the Qur'an.

In the 3rd and 4th Rak'ah (Unit), only recitation of the Fatiha is required.

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STEP 8

Now you should be in the standing position with your hands by your sides.



In this position say:

رَبَّنا وَ لَكَ الْحُمْد

Rabbanaa wa lakal hamd
Our Lord, and to You belongs the praise

STEP 9

Next you go into the prostration (sujood) position as described below.

Allaahu Akbar Allah is Greatest اللهُ أَكْبَرْ

As you go into this position say:

Important: In the prostration position (sujood), ensure:

- 1. The nose and forehead are touching the ground
- 2. The two palms are on the floor with fingers together
- 3. The two knees are on the floor
- 4. The toes of both feet are upright and not laying flat on the floor

In the sujood position say the following 3 times:



Subhaana rabbiyal 'alaa Glory be to my Lord Most High

سُبْحَانَ رَبِّيَ الأَعْلَى

STEP 10

Next you come up into the sitting position, saying:

In this position, sit on the left thigh, with the left foot along the ground and the right foot upright. The toes of the right foot should be facing the Qiblah and the hands should be placed of the knees.



STEP 11

Next you go into the prostration (sujood) position for a second time as described in step 9. As you go into this position say:



The first unit is now complete.

Now you should complete the second/final rak'ah (unit).

PERFORMING THE SECOND OR FINAL RAK'AH (UNIT) OF PRAYER.



STEP 3



After step 11 say:

Allaahu Akbar Allah is Greatest

اللهُ أَكْبَرْ

Then go into the sitting position. At this point raise your index finger on your right hand.

STEP 3 CONTINUED

Now recite the following:



التَّحِيَّاتُ لِلهِ والصَّلُواتُ والطَّيِّبات

 Attahiyyaatu lilaahi wassalawaatu wattayyibaatu

All compliments, prayers and pure words are due to Allah

2 assalaamu 'alayka ay-yuhan-nabiyyu Peace be upon you Oh Prophet

3 wa rahmatullaahi wabarakaatuh And the mercy of Allah and His blessings

STEP 3 CONTINUED



السَّلامُ عَلَيْنا وَعَلى عِبادِ اللهِ الصَّالِحِين

assalaamu 'alaynaa wa 'alaa 'ibaadillaahissaliheen

Peace be upon us and on the righteous slaves of Allah

أَشْهَدُ أَنْ لاَ إِلٰهَ إِلاَّ الله

6 Ash-hadu allaa ilaaha illallaah
I bear witness that there is no God or deity
worthy of worship except Allah

وَأَشْهَدُ أَنَّ مُحَمَّداً عَبْدُهُ وَرَسُوله

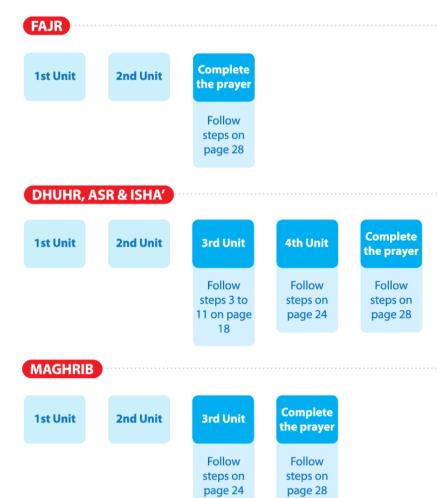
Wa ash-hadu anna Muhammadan 'abduhu wa rasooluh

And I bear witness that Muhammad is His slave and Messenger

WHAT TO DO NEXT?

You have now completed the first and second rak'ah (units). What you do next will depend on which prayer you are performing. i.e. how many rak'ah (units) you are performing.

Use the chart below to know what your next step is.



COMPLETING THE PRAYER.





1 Allahumma salli 'ala Muhammad Oh Allah, send prayers upon Muhammad

wa 'ala aali Muhammad and upon the family of Muhammad

kamaa salyta 'ala Ibraheem as You sent prayers upon Ibrahim

wa 'ala aali Ibraheem and upon the family of Ibrahim

 innaka hameedun Majeed indeed You are praiseworthy, Most glorious

STEP 1 CONTINUED



- 6 wa baarik 'alaa Muhammad and send Your blessings upon Muhammad
- وَعَلَى آلِ مُحَمَّد wa 'alaa aali Muhammad and upon the family of Muhammad

8 kamaa baarakta 'alaa Ibraheem as You sent prayers upon Ibrahim

9 wa 'alaa aali Ibraheem and upon the family of Ibrahim

innaka hameedun Majeed indeed You are praiseworthy, Most glorious

DEFINITION OF SALAH

The Arabic word Salah originates from the word silah which means connection. The Islamic definition of Salah is the name given to the formal prayer of Islam. The prayer is one of the obligatory rites of the religion, to be performed five times a day by every obedient adult Muslim. It is a connection between the human and his Creator Allah

2ND PILLAR OF ISLAM

Salah is the second pillar of Islam. Performing Salah is the first priority after belief in the Oneness of Allah & and in the prophethood of Muhammad &.

It is such an important pillar, that Muslims are called upon to perform this act of worship in all circumstances without fail.

WHO MUST PRAY

Prayer is obligatory upon every sane adult Muslim. A person is considered an adult upon reaching puberty.

There are four signs of puberty (any one of these signs means the person has reached puberty):

- 1. Wet dreams
- 2. Pubic hair
- 3. Menstruation (for girls)
- 4. Reaching the age of 15 (lunar years)

Upon completion of the Tashahhud and the words that follow, the prayer is finished with the Tasleem by doing the following:



Turn your head to the right and say:

السَّلامُ عَلَيْكُمْ وَرَحْمَةُ الله

Assalaamu 'alaykum wa rahmatullah May Allah's peace and mercy be upon you



Turn your head to the left and say:

السَّلامُ عَلَيْكُمْ وَرَحْمَةُ الله

Assalaamu 'alaykum wa rahmatullah May Allah's peace and mercy be upon you



The Salah (Prayer) is now complete.

It is recommended to make supplication after the completion of the prayer, and pray any sunnah prayers (where applicable).

